More than 843,800 women are diagnosed with cancer each year in the United States. The overriding goal of The Foundation for Living Beauty is to provide support and empowerment to women as they go through one of the biggest challenges in their lives.

Dedicated to improving the quality of the lives for women living with cancer and cancer survivors, The Foundation for Living Beauty has been providing integrative educational workshops, resources and activities to our “Living Beauties” since 2005. Hundreds of women struggling with cancer find support and resources at The Foundation for Living Beauty, along with the understanding of many other women who have walked in their shoes.

The Foundation for Living Beauty uplifts, empowers and educates women along a cancer journey with complementary activities designed to support their medical treatment. We strive to empower our Living Beauties on their journeys to healing through a multi-tiered, wrap-around approach. This approach includes overnight wellness retreats, day retreats, educational workshops, sisterhood/community-building events and more.

If you or someone you know are facing a cancer diagnosis and would like to join our living beauties, please visit our website at www.livingbeauty.org.

The Foundation for Living Beauty Board of Directors
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Joan DeSouza
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The Foundation for Living Beauty
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The Foundation for Living Beauty is a 501(c)(3) nonprofit organization. We provide resources and services to women who have been diagnosed with cancer. We do not provide medical advice or endorse any particular physician, medical group or treatment. Our tax identification number is 20-2914212.
OUR FOUNDER

Dear Friends,

As we embark on our 12th year in service, I find myself reflecting on where we started so many years ago. In 2005, with a handful of passionate volunteers and a cause way too close to home, we enthusiastically set out on a mission to empower, uplift and educate women along their cancer journey.

At first there were three…Diane, Mary and Joni (my beloved mother). Best friends for most of their lives, they shared an immeasurable bond so sacred and deep; they were like sisters.

Then in 2003, all three friends found themselves faced with the shock of a cancer diagnosis within a two-year period. Diane with Leiomyosarcoma, Mary with Breast Cancer and Joni with Multiple Myeloma; all found themselves fighting the same battle together. The bond of sisterhood that united them as young girls had become more important than ever as they faced the emotional distress that accompanied their respective diagnoses.

Today, Living Beauty provides the emotional support and sisterhood that Joni, Diane and Mary once shared to the 500+ women currently enrolled in our various programs. Over the past few years, with your support and the commitment of our dedicated staff, board and Executive Director Nancy Davidson, we have seen a steady growth both in the number of women we serve and the programs we provide.

We are beyond grateful for our devoted partners and donors that allow us to continue making a difference in the lives of the women we serve. As stated recently from one of our own Living Beauties, “The Foundation for Living Beauty empowers women at the lowest point in their lives to begin to have a ray of hope that there can be a future with brightness, joy, & happiness.”

Thank you for joining us on this important journey as we continue to touch the lives of these courageous women!

Joni, Mary and Diane at the first annual Day of Living Beauty.
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Davidson, we have seen a steady growth both in the number of women we serve and in the depth of our impact. This is a direct result of the commitment of our dedicated staff, board and Executive Director Nancy Lansky.

Today, Living Beauty provides the emotional support and sisterhood that united them as young girls had become more important than ever as they faced the emotional distress that accompanied their respective diagnoses. From our annual Day of Living Beauty, we have gained a new understanding of the profound impact the Foundation is having. And as we distributed Comfort Kits to women in cancer treatment, we have seen a positive impact on their quality of life.

In 2017, The Foundation for Living Beauty will strive to:

- Continue to provide quality cancer, and sisterhood/community-building events. In addition, many women joined us through the Paths to Healing weekend retreat, day retreats like Fresh Start, Blooming Mindfulness and The Great Escape.
- Continue to honor women and recognize the brave and resilient spirit of the women we serve, and diversify our fundraising initiatives.
- Strengthen the Foundation's relationships with local hospitals.
- Distribute Comfort Kits to women in cancer treatment.
- Continue our 12th year in service.

As an organization, we recognize the need to maintain a diversified fundraising program. The Foundation for Living Beauty has expanded its fundraising efforts to include a variety of fundraising events, solicitations from individuals, major donors, foundations, corporations, and diversified programs to further strengthen the Foundation's financial stability.

In 2017, the Foundation for Living Beauty also developed a partnership with the McKesson Foundation to distribute Comfort Kits to women in cancer treatment. In 2017, the Foundation will continue to distribute Comfort Kits to women in cancer treatment.

The Foundation for Living Beauty is proud to reflect that 91% of all expenses are directly related to serving Living Beauties.

Our Supporters
The Foundation for Living Beauty wishes to thank the following donors for their significant support since 2014

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- Norman Brownstein
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- BloomAgain Foundation
- City of Hope
- Cynthia Perez Photography
- Lineage Performing Arts Center
- New Being Project
- Rose City Yoga
- Salon Sessions
- The Salt Studio
- TRE Los Angeles
- Yoga 4 Cancer
- Robert Wright
In 2015, The Foundation for Living Beauty added day retreats and workshops to our annual calendar, increasing the opportunity for living beauties to receive support and education. In 2015 – 2016, The Foundation for Living Beauty provided support services to 485 women with cancer. Some of these services included our Heart Healing and Serenity Yoga overnight retreats, Paths to Healing weekend retreat, day retreats like Fresh Start, Blooming Mindfulness and The New Normal. Workshops also included topics like guided meditation, Ayurveda, nutrition for cancer, and sisterhood/community-building events. In addition, many women joined us through online discussions and more. All events and activities are free for our Living Beauties.

In 2016, The Foundation continued to develop relationships with local hospitals including City of Hope, Methodist Hospital of Southern California and Huntington Hospital in Pasadena. The Foundation for Living Beauty also developed a partnership with the McKesson Foundation to distribute Comfort Kits to women in cancer treatment. In 2017, the Foundation will continue to provide exceptional opportunities for women to be uplifted and supported in their cancer journey. In addition, we’ll provide support to the family and friends of Living Beauties, and provide focused retreats for women at different points in their journey.

As an organization, we recognize the need to maintain a diversified fundraising program. The Foundation for Living Beauty has expanded its fundraising efforts to include a variety of fundraising events, solicitations from individuals, major donors and corporations, and a developing foundation relations program. A comprehensive plan has been put in place for 2017 to ensure a varied and robust fund development program. The Foundation for Living Beauty is proud to reflect that 91% of all expenses are directly related to serving Living Beauties.
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“Living Beauty is a community; a sisterhood... We are different ages, ethnic backgrounds and different cancers... We give each other permission to be beautiful.”

- A Living Beauty

PROGRAMS & SERVICES
for women at all stages of the journey

WELLNESS RETREATS
Our Wellness Retreats are 3-4 day journeys that transport our participants away from the daily stresses of a cancer diagnosis and into a peaceful environment where they are fully immersed in holistic lifestyle training.

SISTERHOOD SUPPORT EVENTS
These programs give women an opportunity to share in each other’s concerns, celebrate milestones and fortify a sisterhood bond in their collective fight through cancer.

INTEGRATIVE THERAPY WORKSHOPS
Education is a vital part of the holistic model we embody. Living Beauties are introduced to various healing modalities that complement their traditional treatment plans.

RESOURCES AND SUPPORT
We are proud to offer a variety of supportive services to our Living Beauties, including financial assistance through partnerships with other organizations, and referrals to additional services through our resource site and library.
“Cancer is a scary world. I thank you for giving me a place to feel ‘normal’ and to make me smile. I can feel the warmth of your embrace, and I can breathe.”

- A Living Beauty

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